

Directions: With the center of the wheel as 0 and the outer edge as an ideal 10, color in your level of satisfaction with each area of life. Then draw a straight or curved line to create a new outer edge. The new perimeter of the circle represents your Wheel of Life. How bumpy would the ride be if this were a real wheel?

Contact me at revexcoaching.com to schedule your free consultation, and let's look at areas where you want to improve your level of satisfaction. You're a 10! Your life deserves to be, too.

